

# EAST TEXAS

PHYSICAL THERAPY, PLLC

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Patient's Name: \_\_\_\_\_ Phone: \_\_\_\_\_ DOB \_\_\_\_\_

Diagnosis: \_\_\_\_\_ DX Code: \_\_\_\_\_

Surgery Date: \_\_\_\_\_

Duration / Frequency: \_\_\_\_\_

Precautions / Limitations: (if Protocol, Please Fax) \_\_\_\_\_

Goals: \_\_\_\_\_

PT

Evaluate and Treat

- \_\_\_\_\_ MODALITIES AS INDICATED
- \_\_\_\_\_ STRENGTHENING / STRETCHING EXERCISES
- \_\_\_\_\_ TENS/TENS HOME UNIT
- \_\_\_\_\_ ULTRASOUND
- \_\_\_\_\_ PHONOPHORESIS
- \_\_\_\_\_ 10% HYDROCORTISONE
- \_\_\_\_\_ IONTOPHORESIS
- \_\_\_\_\_ DEXAMETHASONE
- \_\_\_\_\_ GAIT TRAINING
- \_\_\_\_\_ JOINT MOBILIZATION
- \_\_\_\_\_ SPINAL STABILIZATION EX'S.
- \_\_\_\_\_ BALANCE / COORDINATION
- \_\_\_\_\_ HOME EXERCISE PROGRAM

- \_\_\_\_\_ HOT PACKS
- \_\_\_\_\_ COLD PACKS
- \_\_\_\_\_ TRACTION: MECH./MANUAL
- \_\_\_\_\_ CERVICAL
- \_\_\_\_\_ LUMBAR
- \_\_\_\_\_ PARAFFIN
- \_\_\_\_\_ MASSAGE / SOFT TISSUE MOBILIZATION
- \_\_\_\_\_ RECONDITIONING
- \_\_\_\_\_ ORTHOTICS
- \_\_\_\_\_ AROM / PROM
- \_\_\_\_\_ PASSIVE / ACTIVE ASSISTIVE / ACTIVE

BRACING (Please specify) \_\_\_\_\_

OTHER: \_\_\_\_\_

COMMENTS: \_\_\_\_\_

NEXT PHYSICIAN'S APPOINTMENT \_\_\_\_\_

**Physician Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Please visit our website for more information.

Member of: APTA/TPTA

[www.easttexasphysicaltherapy.com](http://www.easttexasphysicaltherapy.com)